



“RIDE AWAY FROM CANCER”



JOIN US... AS WE RIDE OUR BIKES... AWAY FROM CANCER.

WHEN:

JULY 9, 2011

WHERE:

YANKEE WOODS

165TH STREET AND CENTRAL AVE

OAK FOREST, IL

START TIME:

8:30 AM

\$10.00 DONATION MINIMUM

100% PROCEEDS GO TO LIVESTRONG FOUNDATION

TWO DIFFERENT PACE GROUPS:

FAST PACE GROUP: 16MPH+ - WILL RIDE THE STREETS. 40 MILE ROUND TRIP. RIDE TO MONEE RESERVOIR AND BACK.

SLOW TO MEDIUM PACE GROUP: 8MPH – 12MPH WILL RIDE THE BIKE PATH. 15 MILE ROUND TRIP. RIDE TO LAKE KATHERINE AND BACK.

HOTDOGS, SNACKS, & SODA OFFERED AFTER THE RIDE BACK AT YANKEE WOODS.

R.S.V.P. NOT NECESSARY, BUT APPRECIATED.

PLEASE EMAIL RETZ62@YAHOO.COM OR CONTACT 708-691-0791 TO R.S.V.P. OR WITH QUESTIONS.

